

**East Midlands**  
**Excel and Performance Grades**  
**Results 23rd + 24th March 2024**



<b>Pre Excel - 8 Years</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>
12	Phoebe Horner	<i>Notts</i>	11.733	9	12.100	16	12.400	2	13.400	5	11.467	7	61.100	1
8	Amelia Aladin	<i>Notts</i>	11.700	12	13.233	6	11.400	4	13.250	6	11.367	8	60.950	2
2	Betty Gibson	<i>Coalville</i>	11.733	11	12.867	10	10.500	9	13.450	4	11.567	6	60.117	3
15	Lasharna Golding	<i>Robin Hood</i>	11.600	18	11.867	17	11.367	5	13.250	6	10.633	14	58.717	4
18	Olympia Osborne	<i>Robin Hood</i>	11.500	20	12.333	15	11.167	6	13.000	9	10.567	15	58.567	5
10	Emily Carlisle	<i>Notts</i>	11.800	5	12.767	11	11.000	7	12.750	11	10.100	19	58.417	6
1	Myla Croshaw	<i>Amber Valley</i>	11.633	15	14.400	2	8.900	19	12.800	10	10.567	15	58.300	7
7	Evelyn Grigore	<i>Northampton</i>	11.800	5	12.933	9	9.433	14	12.650	12	11.233	9	58.050	8
9	Tilly-May Bird	<i>Notts</i>	12.100	1	11.000	22	10.033	12	13.250	6	11.033	10	57.417	9
4	Siena Jobson	<i>Corby</i>	11.533	19	13.000	7	9.400	16	12.400	16	10.500	17	56.833	10
14	Annie Wood	<i>Notts</i>	11.767	7	12.433	14	10.700	8	12.000	18	9.100	23	56.000	11
13	Molly Jones	<i>Notts</i>	11.867	3	11.367	20	9.433	14	12.600	13	10.667	13	55.933	12
3	Lois Wilkinson	<i>Coalville</i>	11.633	15	13.000	7	9.200	17	12.400	16	9.633	20	55.867	13
17	Jaylin Lewis	<i>Robin Hood</i>	11.633	15	11.367	20	10.067	11	10.900	23	11.600	5	55.567	14
16	Shazara Haywood	<i>Robin Hood</i>	11.400	22	11.500	19	9.033	18	11.350	21	10.433	18	53.717	15
6	Phoebe Bishop	<i>D.P.S.A</i>	11.167	23	10.367	24	8.567	20	11.800	20	9.500	21	51.400	16
11	Aiofe Clancy - Williamson	<i>Notts</i>	10.267	24	11.833	18	8.000	22	9.200	24	9.200	22	48.500	17

<b>Pre Excel - 9 Years</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>
19	Sulis Basu	<i>Amber Valley</i>	11.733	9	14.467	1	12.433	1	14.150	1	11.833	1	64.617	1
25	Thea Daft	<i>The Mill</i>	11.967	2	12.500	13	11.700	3	13.500	3	11.833	1	61.500	2
22	Alula Tebbutt	<i>Corby</i>	11.700	12	12.633	12	10.200	10	12.450	15	11.833	1	58.817	3
20	Alana Wall	<i>Amber Valley</i>	11.433	21	13.800	3	7.767	23	13.950	2	11.767	4	58.717	4
21	Nela Berndt	<i>Corby</i>	11.833	4	13.667	4	9.467	13	11.000	22	10.967	11	56.933	5
24	Andreea Varzaru	<i>D.P.S.A</i>	11.667	14	13.333	5	8.167	21	12.550	14	10.933	12	56.650	6
23	Amayah Hyams	<i>D.P.S.A</i>	11.767	7	10.567	23	7.200	24	11.850	19	8.967	24	50.350	7

<b>Excel 1</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>
29	Tyliyah Shannon-Gray	<i>Robin Hood</i>	12.167	1	13.300	1	9.800	1	10.500	4	9.833	1	55.600	1
30	Georgia Tayo	<i>T J Boston</i>	11.833	3	11.750	3	9.267	2	11.050	2	8.333	3	52.233	2
28	Romy Mcgowan	<i>Robin Hood</i>	11.633	4	11.950	2	8.233	4	11.100	1	8.133	5	51.050	3
27	Renee Coulton Smith	<i>Robin Hood</i>	11.867	2	10.700	4	8.100	5	10.700	3	8.167	4	49.533	4
26	Hattie Lane	<i>Coalville</i>	11.367	5	10.500	5	8.733	3	9.450	5	9.067	2	49.117	5

<b>Excel 2</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>
40	Thea Sturch	<i>Robin Hood</i>	12.233	5	12.100	4	12.167	1	9.550	7	10.533	2	56.583	1
33	Evelyn Briggs	<i>Amber Valley</i>	12.400	3	13.750	1	8.800	5	11.500	1	10.067	6	56.517	2
34	Isabella Clarke	<i>Coalville</i>	12.467	2	13.150	3	8.167	8	11.500	1	10.867	1	56.150	3
38	Annisha Mzungu	<i>Notts</i>	12.000	7	13.400	2	9.867	2	10.350	4	9.400	8	55.017	4
32	Elsie Birks	<i>Amber Valley</i>	12.500	1	11.450	6	9.833	3	9.750	5	10.267	3	53.800	5
39	Avia Parejo-Stevenson	<i>Robin Hood</i>	12.000	7	9.950	9	9.067	4	10.700	3	9.867	7	51.583	6
41	Hannah Morris	<i>Upstarts</i>	11.800	10	12.050	5	8.300	6	8.800	9	9.167	10	50.117	7
37	Eva Broughton	<i>Notts</i>	11.933	9	10.800	8	8.000	9	9.750	5	9.200	9	49.683	8
35	Martha Ambery	<i>Corby</i>	12.267	4	11.400	7	8.200	7	6.450	10	10.200	4	48.517	9
36	Annie Leslie	<i>Northampton</i>	12.200	6	8.950	10	7.800	10	9.250	8	10.133	5	48.333	10

<b>Excel 3</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>
42	Willow Kesteven-Mcgrath	<i>Amber Valley</i>	13.200	3	14.150	1	11.267	1	11.350	6	11.633	1	61.600	1
46	Summer Sturch	<i>Robin Hood</i>	12.667	9	13.750	2	10.467	3	12.400	1	10.433	5	59.717	2
43	Mia Quinton	<i>Amber Valley</i>	13.267	1	13.250	3	9.867	5	11.000	7	9.567	8	56.950	3
49	Paige Slack	<i>The Mill</i>	13.233	2	11.850	4	9.333	7	11.700	4	10.100	6	56.217	4
48	Harmoni Scarlett-Campbell	<i>The Mill</i>	12.900	6	8.950	5	9.800	6	12.200	2	11.067	3	54.917	5
44	Kadesha Edwards	<i>Northampton</i>	13.200	3	8.600	6	10.033	4	11.750	3	11.333	2	54.917	6
47	Felicity Robinson	<i>The Mill</i>	13.067	5	7.550	7	10.633	2	10.100	8	10.000	7	51.350	7
45	Safia Fareed	<i>Robin Hood</i>	12.800	7	0.000	8	8.567	8	11.500	5	10.633	4	43.500	8
50	Marnie Thompson	<i>Witham Hill</i>	12.800	7	0.000	8	8.267	9	9.550	9	7.333	9	37.950	9

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<b>Performance 1 - 10 Years</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>	<b>POS</b>
53	Ada Scott	Amber Valley	12.800	8	13.050	7	12.800	1	12.200	1	12.600	4	63.450	1	1
51	Callie Greenall	Amber Valley	12.400	21	13.500	4	11.700	11	11.250	22	12.700	2	61.550	2	5
58	Dalia Mezher	Northampton	12.233	28	12.200	15	12.133	6	11.350	18	12.750	1	60.667	3	
55	Esmay Mendez	Derby City	12.833	6	12.550	11	12.133	6	11.150	23	11.850	18	60.517	4	
68	Aimee Stewardson	Witham Hill	12.533	15	12.350	14	11.467	17	12.000	2	12.150	14	60.500	5	
56	Nella Skacelova	Hinckley	12.867	3	12.100	17	11.667	14	11.400	16	12.200	13	60.233	6	
67	Olivia Blanchard	Witham Hill	12.767	11	11.350	29	11.433	19	11.500	14	12.300	11	59.350	7	
52	Keanna Robinson	Amber Valley	12.000	32	12.400	13	11.700	11	11.050	28	12.000	17	59.150	8	
60	Bethany Dyke	Oadby & Leicester	12.567	13	12.950	8	11.233	20	11.500	14	10.300	31	58.550	9	
66	Daisy Riggall	T J Boston	12.300	27	10.300	32	11.833	10	11.650	10	11.750	20	57.833	10	
54	Elise Mccalla	Derby City	12.800	8	12.150	16	10.733	27	11.400	16	10.650	28	57.733	11	
59	Ruby Streeton	Northampton	12.167	31	11.700	22	11.000	23	10.600	31	12.250	12	57.717	12	
63	Sienna Houston	Retford	12.367	24	10.650	31	10.767	26	11.150	23	12.150	15	57.083	13	
61	Caitlin-Dee Lovell-Jackson	Oadby & Leicester	11.633	33	11.700	22	9.767	32	11.050	28	11.600	21	55.750	14	
57	Pippa Magill	N C A A C	12.533	15	12.000	18	11.667	15	11.150	23	8.250	34	55.600	15	
65	Mia Elliott	Sherwood Oaks	12.400	21	11.850	21	8.633	34	10.150	32	11.550	22	54.583	16	

<b>Performance 1 - 11+ Years</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>	<b>POS</b>
75	Olivia Sunman	Notts	12.867	3	13.500	4	12.567	2	11.550	13	12.350	10	62.833	1	2
87	Poppy Bell-Minogue	Amber Valley	12.833	6	14.100	1	11.500	16	11.900	4	12.450	8	62.783	2	3
82	Georgie Hughes	The Mill	13.033	1	12.750	9	11.867	9	11.750	7	12.500	6	61.900	3	4
71	Lucia Robertson	Corby	12.500	18	13.550	3	11.233	20	11.650	10	12.550	5	61.483	4	R
85	Lucia-Rose Woodward	Wade	12.500	18	13.700	2	11.233	20	12.000	2	11.800	19	61.233	5	
78	Amelia Faulkner	Robin Hood	12.533	15	11.900	20	12.300	4	11.800	6	12.100	16	60.633	6	
73	Sophie Daghish-Arden	Northampton	12.333	26	11.400	27	12.367	3	11.350	18	12.500	6	59.950	7	
83	Isla Mcfadyean	The Mill	12.867	3	12.750	9	11.467	17	11.850	5	10.900	27	59.833	8	
74	Alicja Sadowska	Notts	12.200	29	11.350	29	11.967	8	11.100	26	12.400	9	59.017	9	
80	Evie Mann	Robin Hood	12.367	24	11.700	22	12.167	5	11.300	20	11.150	25	58.683	10	
70	Isla Nash	Corby	11.500	34	11.950	19	10.533	29	11.750	7	12.650	3	58.383	11	
84	Mia Pirja	Wade	12.567	13	13.350	6	10.867	25	11.100	26	10.450	29	58.333	12	
76	Megan Gralewski	Oadby & Leicester	12.467	20	12.500	12	10.633	28	11.050	28	10.350	30	57.000	13	
72	Rowyn Cutkelvin	Hinckley	12.600	12	11.500	25	9.800	31	11.300	20	11.100	26	56.300	14	
81	Mazie Ward	Robin Hood	12.800	8	9.400	33	11.700	11	11.650	10	10.300	31	55.850	15	
79	Sophie Frogson	Robin Hood	12.933	2	7.550	34	10.967	24	11.750	7	11.450	23	54.650	16	
69	Megan Brealey	Corby	12.400	21	11.400	27	10.367	30	8.950	34	11.150	24	54.267	17	
77	Abigail Winter	Oadby & Leicester	12.200	29	11.450	26	9.167	33	10.150	32	8.650	33	51.617	18	

<b>Performance 2 - 11 Years</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>	<b>POS</b>
90	Frankie Haigh	Matrix	12.767	6	10.867	12	11.700	2	12.050	4	11.400	11	58.783	1	4
88	Kitty Abell	Coalville	13.033	1	12.667	5	10.133	11	11.150	11	11.633	7	58.617	2	5
89	Sophie Middleton	Coalville	12.800	4	12.400	6	10.867	9	10.350	13	12.133	3	58.550	3	R
91	Amelie Reed	Matrix	12.867	3	11.400	11	11.333	5	12.100	3	10.100	18	57.800	4	
93	Phoebe Short	Wade	12.467	18	9.300	15	11.667	3	8.750	18	11.433	10	53.617	5	
92	Isla-Grace Badero	Northampton	12.567	17	9.400	14	8.300	16	10.350	13	11.933	4	52.550	6	

<b>Performance 2 - 12+ Years</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>	<b>POS</b>
98	Mia How	Corby	12.967	2	13.333	1	11.800	1	11.450	9	12.767	1	62.317	1	1
97	Roeshia Claxton	Corby	12.700	11	12.833	3	11.567	4	12.000	6	12.633	2	61.733	2	2
107	Freya Norton	T J Boston	12.733	8	12.733	4	10.967	7	12.050	4	11.267	13	59.750	3	3
103	Holly Thatcher	Notts	12.600	13	11.967	7	10.433	10	11.950	7	11.500	9	58.450	4	
102	Sophia Reed	Notts	12.767	6	11.933	8	9.267	14	12.350	1	11.800	5	58.117	5	
99	Emily Saunders	Corby	12.733	8	13.133	2	8.000	17	12.250	2	11.633	7	57.750	6	
96	Madison Mclean	Coalville	12.600	13	11.733	10	9.967	12	10.000	16	11.200	14	55.500	7	
104	Esme Ward	Retford	12.600	13	10.700	13	8.867	15	10.350	13	11.067	15	53.583	8	
101	Darcy Teal Barlow	Notts	12.600	13	8.600	16	10.933	8	10.800	12	10.367	17	53.300	9	
95	Rosie Hunstone	Coalville	12.733	8	11.767	9	7.767	18	9.900	17	11.067	15	53.233	10	
108	Jamika Wiltshire	T J Boston	12.800	4	7.400	17	9.933	13	11.450	10	11.367	12	52.950	11	
94	Amari Roseje	Amber Valley	12.667	12	5.600	18	11.067	6	11.900	8	11.700	6	52.933	12	

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<b>Performance 3 - 12 &amp; 13 Years</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>	<b>POS</b>
119	Phillipa Jackson	<i>Notts</i>	12.767	<b>3</b>	12.850	<b>4</b>	11.767	7	11.150	8	12.300	<b>2</b>	60.833	<b>1</b>	<b>2</b>
109	Matilda French-Harling	<i>Amber Valley</i>	12.600	9	13.550	<b>2</b>	11.700	9	11.500	<b>4</b>	11.450	11	60.800	<b>2</b>	<b>3</b>
110	Evie Asbery	<i>Coalville</i>	12.800	<b>2</b>	11.700	8	11.633	10	11.950	<b>1</b>	12.100	<b>6</b>	60.183	<b>3</b>	<b>5</b>
113	Alexia Spencer	<i>Corby</i>	12.967	<b>1</b>	11.550	9	12.567	<b>1</b>	10.650	14	12.300	<b>3</b>	60.033	<b>4</b>	<b>R</b>
116	Gresilda Muca	<i>Matrix</i>	12.633	7	12.350	<b>6</b>	11.967	<b>5</b>	10.750	12	11.900	8	59.600	<b>5</b>	
115	Jada Chambers-Sheridan	<i>Hinckley</i>	12.167	17	12.850	<b>5</b>	11.733	8	10.750	12	11.350	12	58.850	<b>6</b>	
117	Sophie Nixon	<i>Matrix</i>	12.633	7	10.050	13	12.500	<b>2</b>	10.600	16	12.450	<b>1</b>	58.233	7	
111	Tiger-Lily Walters	<i>Coalville</i>	12.367	15	9.950	14	10.967	12	10.600	16	10.750	15	54.633	8	
120	Esmee McCalla	<i>Notts</i>	12.100	18	9.950	14	10.933	13	10.900	10	10.500	16	54.383	9	
122	Sophie Rush	<i>Retford</i>	12.367	15	8.000	17	10.767	16	10.800	11	12.250	<b>4</b>	54.183	10	
118	Harleigh Boxall	<i>N C A A C</i>	12.533	12	9.100	16	9.133	19	11.050	9	10.250	17	52.067	11	
121	Megan Morland	<i>Retford</i>	12.467	13	5.100	19	10.067	18	10.250	18	11.150	14	49.033	12	
<b>Performance 3 - 14+ Years</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>	<b>POS</b>
131	Viktoria Mackwood	<i>Witham Hill</i>	12.700	<b>4</b>	13.100	<b>3</b>	11.933	<b>6</b>	11.850	<b>3</b>	12.250	<b>4</b>	61.833	<b>1</b>	<b>1</b>
126	Georgie Wooton	<i>Corby</i>	12.467	13	14.000	<b>1</b>	10.933	13	11.250	<b>6</b>	11.600	10	60.250	<b>2</b>	<b>4</b>
128	Amelie Smith	<i>Notts</i>	12.600	9	12.200	7	10.433	17	11.450	<b>5</b>	11.350	12	58.033	<b>3</b>	
125	Sofia Rushby	<i>Amber Valley</i>	12.567	11	10.850	11	12.067	<b>3</b>	10.100	19	12.000	7	57.583	<b>4</b>	
129	Emilia Dyke	<i>Oadby &amp; Leicester</i>	12.067	19	10.200	12	11.167	11	11.250	<b>6</b>	11.800	9	56.483	<b>5</b>	
127	Millie Browne	<i>Notts</i>	12.667	<b>6</b>	11.150	10	12.067	<b>3</b>	11.900	<b>2</b>	8.350	19	56.133	<b>6</b>	
130	Abigail Tasker	<i>Robin Hood</i>	12.700	<b>4</b>	6.500	18	10.800	15	10.650	14	8.900	18	49.550	7	
<b>Performance 4</b>			<b>VAULT</b>	<b>POS</b>	<b>BARS</b>	<b>POS</b>	<b>BEAM</b>	<b>POS</b>	<b>FLOOR</b>	<b>POS</b>	<b>R&amp;C</b>	<b>POS</b>	<b>TOTAL</b>	<b>POS</b>	<b>POS</b>
133	Chloe Pounder	<i>Amber Valley</i>	11.433	7	11.550	<b>4</b>	11.700	<b>3</b>	11.950	<b>2</b>	11.650	<b>1</b>	58.283	<b>1</b>	<b>1</b>
141	Iona Mcleod	<i>Robin Hood</i>	12.300	<b>3</b>	12.600	<b>2</b>	11.733	<b>2</b>	11.450	<b>3</b>	9.900	7	57.983	<b>2</b>	<b>2</b>
140	Loretta Hatton-Lowe	<i>Robin Hood</i>	12.433	<b>2</b>	12.850	<b>1</b>	10.100	<b>6</b>	11.100	<b>4</b>	10.900	<b>4</b>	57.383	<b>3</b>	<b>3</b>
139	Tia Chapman	<i>Oadby &amp; Leicester</i>	11.933	<b>6</b>	7.850	7	12.333	<b>1</b>	12.200	<b>1</b>	10.850	<b>5</b>	55.167	<b>4</b>	<b>4</b>
135	Hannah Murphy	<i>Coalville</i>	12.167	<b>4</b>	10.500	<b>5</b>	10.367	<b>5</b>	10.050	<b>6</b>	11.050	<b>2</b>	54.133	<b>5</b>	<b>5</b>
144	Niamh Jenkins	<i>Witham Hill</i>	12.700	<b>1</b>	11.750	<b>3</b>	7.667	7	10.550	<b>5</b>	11.050	<b>2</b>	53.717	<b>6</b>	<b>R</b>
136	Ella Rollings	<i>Coalville</i>	12.100	<b>5</b>	8.850	<b>6</b>	10.467	<b>4</b>	9.900	7	9.950	<b>6</b>	51.267	7	